



09 - 11 JULY 2020, ATHENS

# **19th International Conference on Behçet's Disease**

## **ISBD**

International Society for Behçet's Disease

**09 - 11 July 2020**

**Royal Olympic Hotel**

**Athens, Greece**

[behcet2020athens.com](http://behcet2020athens.com)



## **Scientific Program**

**President: Petros Sfikakis (Greece)**

**Keynote speakers: George Tsokos (USA), John Ioannides (USA), George Kollias (Greece)**

Organiser  
& Secretariat



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# Scientific Program

**Honorary President: Phaedon Kaklamanis (Greece)**

**President: Petros Sfikakis (Greece)**

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## Wednesday 8th July 2020

- 16:00 - 17:00 Executive Committee Meeting\*
  - 17:00 - 18:30 Council Meeting\*
  - 20:00 - 22:00 President's Dinner\*
- \*Invited events

## Day 1

## Thursday 9th July 2020

- 08.00 - 09.30 Registration
- 09:30 - 09:45 **Presidents' Welcome Speech** - P. Sfikakis
- 09:45 - 10:30 **Opening Lecture - Immune Cell Signaling, Gene Transcription and Mechanisms of Tissue Injury**
- .....
- 10:30 - 11:00 Coffee and tea break
- .....
- 11:00 - 13:00 **SESSION 1 - Basic and Translational Science**
  - 11:00 - 11:25 Immunology, inflammation and thrombosis
  - 11:25 - 11:50 Immunopathogenesis of Behcet's Disease
  - 11:50 - 12:15 Behçet's disease and microbes
  - 12:15 - 12:40 Immune Senescence in Behcet's disease
  - 12:40 - 13:00 Oral Presentations
  - 12:40 - 12:50 (O01)
  - 12:50 - 13:00 (O02)
- .....
- 13:00 - 14:30 **Sponsored Lunch Satellite Symposium (TBA)**
- .....
- 14:30 - 15:30 **Poster Tour 1 - Basic Science, Genetics and Epidemiology**

# Scientific Program

- 15:30 - 17:30 **SESSION 2 - Difficult to Treat Cases**
  - 15:30 - 16:10 **Ocular Behcet's**
    - Case Presentation (5')
    - Case Discussion and review(20')
    - External comments (8')
    - Discussion (7')
  - 16:10 - 16:50 **Vascular Behçet's**
    - Case Presentation (5')
    - Case Discussion and review (20')
    - External comments (8')
    - Discussion (7')
  - 16:50 - 17:30 **Mucocutaneous Behçet's**
    - Case Presentation (5')
    - Case Discussion and review (20')
    - External comments (8')
    - Discussion (7')
- 17:30 - 18:15 **Special Lecture - Reproducible and useful research on risk factors and treatments**
- .....
- 18:15 - 19:00 Coffee and tea break
- .....
- 19:00 Gathering at Royal Olympic Hotel. Walk to Acropolis Museum.  
Official dinner.

All registered participants are invited to attend the reception.

Scientific Program

Day 2 Friday 10th July 2020

08:30 – 10:30 SESSION 3 - Genetics and Epidemiology of Behcet's Disease - Is It All in the Genes?

- 08:30 - 09:00 Shared genetic findings between canker sores, PFAPA and Behçet's disease
- 09:00 - 09:20 Genetics of Behcet's Disease
- 09:20 - 09:40 Epidemiology of Behçet's disease
- 09:40 - 10:00 Differential clinical presentation of BD in non-endemic and endemic areas
- 10:00 - 10:20 HLA-B51 and ERAP in Behçet's disease
- 10:20 - 10:30 Oral Presentation(O03)

10:30 – 11:00 Coffee and tea break

11:00 - 13:00 SESSION 4 - Difficult to Treat cases

- 11:00 – 11:40 Neuro- Behçet's
  - Case Presentation (5')
  - Case Discussion and review (20')
  - External comments (8')
  - Discussion (7')
- 11:40 – 12:20 Gastrointestinal Behçet's
  - Case Presentation (5')
  - Case Discussion and review (20')
  - External comments (8')
  - Discussion (7')

Scientific Program

12:20 – 13:00 Juvenile Behçet's

- Case Presentation (5')
- Case Discussion and review (20')
- External comments (8')
- Discussion (7')

13:00 – 14:30 Sponsored Lunch Satellite Symposium

- 13:00 – 13:30 Autoinflammation today: an ubiquitous pathogenetic mechanism
- 13:30 – 14:00 FMF and Behcet disease: more than just an association?
- 14:00 – 14:30 IL-1β inhibition in FMF: clinical outcomes and expectations

14:30 – 15:30 Poster Tour 2 – Clinical and Outcome Measures

15:30 – 17:30 SESSION 5 - Treatment - WIN (what is new)

- 15:30 - 16:00 Year in Review – WIN
- 16:00 - 16:30 Biologics other than a-TNF's and beyond
- 16:30 - 17:00 Adamantiades-Behçet's Disease in the context of the European Reference Networks for Rare Diseases - A chance for Harmonization of Old Effective and New Treatments
- 17:00 - 17:30 Oral Presentations
  - 17:00 - 17:10 (O04)
  - 17:10 - 17:20 (O05)
  - 17:20 - 17:30 (O06)

17.30 - 18.30 GENERAL ASSEMBLY

# Scientific Program

## Day 3

Saturday 11th July 2020

08:00 – 09:00	<b>Poster Tour 3 - Treatment</b>
09:00 – 09:30	Coffee Break
09:30 – 10:15	<b>Keynote Lecture - The journey of TNF blockade</b>
10:15 – 12:15	<b>SESSION 6 - Towards A Treat To Target Strategy</b>
10:15 - 10:35	Treat to target in pleomorphic diseases – the lupus paradigm
10:35 - 10:55	Measuring Behçet's disease activity
10:55 - 11:15	OMERACT - standardization of outcome measures
11:15 - 11:35	Therapeutic targets in Behçet's disease
11:35 - 11:55	Targeting remission in ocular manifestations in Behçet's disease
11:55 - 12:15	Implementing treat to target in treatment recommendations
12:15 - 12:30	Closing remarks
12:30 – 13:30	Executive Committee Meeting



**Petros Sfikakis, MD**  
President of the 19th International Conference on Behçet's Disease

Professor of Internal Medicine & Rheumatology Dean, National & Kapodistrian University of Athens Medical School

## Welcome letter

It is my great pleasure to invite you to the 19th International Conference on Behçet's Disease, which will be held on July 9-11th, 2020 in Athens, Greece under the auspices of the International Society for Behçet's Disease.

Greece is the cradle of medicine, as Hippocrates, one of the most outstanding figures in the history of medicine, revolutionized medicine in ancient Greece and transformed it to science, distinguishing it from philosophy and theology with which it had traditionally been associated. Thus, Hippocrates is considered the father of medicine and his name is still very much associated with medicine today with the 'Hippocratic Oath'. Inspired by Plato's "Symposium" it is a great honor to welcome you to Athens, the historical capital of Europe for the 19th International Conference on Behçet's Disease.

The Conference, which is the major educational and scientific event on Behçet's disease, will provide high quality contributions on a wide range of topics including clinical practice and innovations as well as basic science. Young physicians will have the opportunity to obtain inspiration and experience from renowned experts. The participants will address symptoms, side effects, treatments and current research efforts in the field.

Athens is home of democracy, philosophy and theater. The historic center of Athens is an open-air museum, yet the city's cultural and social life takes place amid these ancient landmarks, merging past and present. Most importantly, its welcoming and hospitable culture and people make every visitor feel at home. Accessibility is key in Athens with the multi-awarded Athens International Airport (AIA) "Eleftherios Venizelos", one of the fastest-growing airports globally. In addition, the state-of-the-art transportation network, including Metro, Bus, Tram, Train, Trolleybus and expansive highways, allows for an easy and quick transportation. Easily accessible from Piraeus port are numerous islands, one of the most popular summer holiday destinations for tourists all around the world. It is a unique opportunity for delegates to combine intensive days of state-of-the-arts scientific lectures in the hometown of one of the most important ancient civilizations with an unforgettable holiday in the breathtaking Greek archipelago.

For further information you can visit our website [www.behcet2020athens.com](http://www.behcet2020athens.com) which will constantly be kept updated with information regarding the 19th Conference.

On behalf of the International Society for Behçet's Disease and the Local Organizing Committee I look forward to welcoming you in Athens in July 2020.

**Petros Sfikakis**

## Why Greece?

Greece has been home to medicine, as ancient Greek medicine was the basis of modern scientific medicine.

## Location

The Summit will be held at the Royal Olympic hotel in the heart of Athens and its historic centre, in front of the Temple of Zeus and National Garden.

*Don't miss out!  
Registration has started!*

## What will you gain

The participants will address symptoms, side effects, treatments current research efforts for Behçet's whereas patients and their families will gain valuable knowledge from dedicated sessions.



Organiser & Secretariat

### General Info

welcome@behcet2020athens.com

### Registrations

registration@behcet2020athens.com

### Bookings

book@behcet2020athens.com

### Abstracts

abstracts@behcet2020athens.com

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## The Venue

## Royal Olympic Hotel

This international luxury class hotel, situated in the heart of Athens and its historic centre, is located near The Temple of Zeus, The Acropolis, The Hadrian's Gate, The Marble Stadium and is in front of the National Garden. The Royal Olympic Hotel is next to the Plaka, the oldest neighborhood of Athens in the shadow of the Acropolis. A myriad of ancient sites, historical buildings, and cultural areas, including the Acropolis, Plaka and Psirri Area, and the Archaeological Museum, are within close proximity. The modern rooms are designed with a notable Mediterranean theme that uses soft colors to promote a relaxed feeling.

The Roof Garden Restaurant – Bar, a new addition, offers the ultimate dinning and wining experience in front of the most spectacular view in Athens. The famous chef will be delighted to guide you through the secret paths of Greek cuisine while enjoying an unforgettable view. Royal Olympic is one of the best equipped conference hotels in Athens, offering 18 recently renovated meeting rooms. They are all flooded with natural light, while each of them has its own distinctive character and unique decoration. An ultra-high speed (optic fibres) Wi-Fi connection is available throughout the hotel complimentary, since it is of great importance and a key issue in successful business. The unique location of the hotel in the heart of historical Athens and the unique privilege to enjoy the breathtaking view during a conference break will make a huge difference, leading to a most memorable business meeting or incentive trip!



# About Athens



Athens is the historical capital of Europe, with a long history, dating from the first settlement in the Neolithic age. In 1834, it became the capital of the modern Greek state and in two centuries since it has become an attractive modern metropolis with unrivalled charm. Athens dominates the Attica region and is one of the world's oldest cities, with its recorded history spanning. A large part of the town's historic centre has been converted into a 3-kilometre pedestrian zone. The historic centre is an open-air museum, yet the city's cultural and social life takes place amid these ancient landmarks, merging past and present.

The magnificent Acropolis rises above the sprawling metropolis and has stood witness to the city's many transformations. The heart of ancient Athens was the Agora, the lively, crowded focal point of administrative, commercial, political and social activity.